

**HELPDESK ANSWERS SUBMISSION TO ONLINE FIRST MONTHLY TIME TRACKING REPORT****ANNUAL SUMMARY**

<b>2022-23 Academic Year</b>	<b>8.35</b>
<b>2021-22 Academic Year</b>	<b>11.73</b>
<b>2020-21 Academic Year</b>	<b>15.35</b>

**CURRENT AY MONTHLY SUMMARY**

<b>July 2021</b>	<b>13.16</b>
<b>August 2021</b>	<b>11.34</b>
<b>September 2021</b>	<b>11.72</b>
<b>October 2021</b>	<b>11.42</b>
<b>November 2021</b>	<b>9.93</b>
<b>December 2021</b>	<b>10.99</b>
<b>January 2022</b>	<b>12.87</b>
<b>February 2022</b>	<b>11.89</b>
<b>March 2022</b>	<b>11.04</b>
<b>April 2022</b>	<b>11.52</b>
<b>May 2022</b>	<b>11.17</b>
<b>June 2022</b>	<b>10.13</b>
<b>July 2022</b>	<b>8.35</b>

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Does routine in-office fluoride varnish or gel application improve rates of dental caries in children?	FL - USAF Eglin FMR	7/7/22	9/30/21	9.33
What is the optimal duration of uninterrupted skin to skin after delivery to improve breastfeeding outcomes ?	CO - U of Colorado FMR Denver (Founding)	7/7/22	1/26/22	5.40
Does prediabetes increase the risk of all-cause mortality and cardiovascular disease?	WA - WWAMI Network Faculty Development Fellowship	7/7/22	1/17/22	5.70
Is there evidence to start colorectal cancer screening in African Americans before 50 years of age?	MD - MedStar Health/Georgetown-Washington Hospital Center FMRP	7/7/22	3/29/21	15.50
Is intralesional candida therapy more effective than cryotherapy in treatment of warts?	MN - U of Minnesota Department of FM	7/7/22	2/3/22	5.13
Do epidural corticosteroid injections provide any benefit in patients with lumbar radiculopathy?	WA - WWAMI Network Faculty Development Fellowship	7/6/22	1/16/22	5.70
Can intrauterine devices help prevent ovarian cancer in women?	CO - HealthOne FMR	7/18/22	11/11/21	8.30
Do intra-articular steroid injections affect blood glucose levels in diabetic patients?	MI - Beaumont Hospital Troy FMRP	7/18/22	9/7/21	10.47
Do nasal saline rinses shorten the length of acute sinus congestion in adults with seasonal allergies?	MN - U of Minnesota Department of FM	7/18/22	1/30/22	5.63
Does adherence to a diet with a low dietary inflammatory index decrease the incidence of depression?	OK - In His Image at St. John Medical Center	7/18/22	9/10/21	10.37
What is the most accurate screening tool for prenatal opioid use disorder?	IL - U of Chicago NorthShore FMRP (Founding)	7/18/22	8/26/21	10.87

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Can intrauterine devices help prevent ovarian cancer in women?	CO - Sky Ridge FMR	7/18/22	11/11/21	8.30
Does SSRI use increase bleeding risk in patients taking anticoagulants?	TX - Darnell Army Medical Center Program	7/13/22	11/19/21	7.87
			<b>JULY 2022</b>	<b>8.35</b>
In neonates, is a history of maternal tetrahydrocannabinol use compared to no maternal tetrahydrocannabinol use associated with increased incidence of NICU admission?	OK - In His Image FMR	06/30/22	09/19/21	9.47
Is a shave biopsy inferior to excisional biopsy in the initial diagnosis of suspected melanoma?	TX - U of Texas Health Science Center at Tyler	06/07/22	11/19/21	6.67
Is the combination of pharmacotherapy and non-pharmacotherapy more effective than non-pharmacotherapy alone at improving sleep onset insomnia?	CA - Valley FMR of Modesto	06/07/22	08/02/21	10.30
Among patients who have had a stroke, are pharmacological interventions effective for preventing depression?	FL - Florida State University COM FMRP at Lee Memorial Health System	06/14/22	04/21/21	13.97
Do hospitals that have implemented the WHO's "Baby Friendly Hospital" initiative achieve increased rates of exclusive breastfeeding at 6 months old?	MO - U of Missouri FP Columbia (Founding)	06/13/22	02/09/22	4.13
In infants with feeding difficulties/latch difficulties, does frenulectomy improve outcomes?	NE - Offutt Air Force Base FMR	06/17/22	01/16/21	17.23
Is elagolix safe and effective in the treatment of endometriosis pain?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	06/17/22	03/11/21	15.43

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Does telemedicine/telestroke decrease the mortality rate in patients with strokes?	TX - U of Texas Medical Branch	06/17/22	09/23/21	8.90
Is consumption of artificially sweetened beverages associated with obesity in adults?	WA - U of Washington FMRP (Founding)	06/17/22	03/18/21	15.20
Is there a relationship between socioeconomic status and quality of sleep in children and adolescents?	CO - Sky Ridge FMR	06/17/22	11/07/21	7.40
Does goal-specific urate-lowering therapy improve outcomes vs a symptoms based approach to therapy in patients with tophus gout?	NV - Nellis AFB	06/17/22	07/09/21	11.43
Do birth plans influence caesarean section rates?	CA - David Grant USAF Medical Center FMR Travis AFB	06/17/22	03/22/21	15.07
Do proton pump inhibitors increase risk of recurrence in patients with frequent Clostridium difficile colitis?	MO - St. Louis University School of Medicine RP	06/17/22	04/03/21	14.67
What is the best treatment for opioid withdrawal in newborn infants?	WA - WWAMI Network Faculty Development Fellowship	06/17/22	01/24/22	4.80
In adult females with symptoms of an uncomplicated urinary tract infection, does treatment via virtual visit improve patient-oriented outcomes compared with standard treatment?	MN - U of Minnesota Department of FM	06/17/22	01/30/22	4.60
Should patients taking novel oral anticoagulants be routinely monitored with coagulation studies?	AL - Cahaba Family Medicine Residency	06/20/22	08/12/21	10.40
Are there effective interventions for decreasing suicidality in a Primary Care setting?	CA - Valley FMR of Modesto	06/20/22	09/16/21	9.23

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In obese adults, does a plant-based diet improve weight loss compared to a non-plant-based diet?	IN - Indiana University School of Medicine Program (Arnett)	06/10/22	12/17/21	5.83
In overweight and obese patients, is there an Intermittent Fasting strategy which results in the greatest weight reduction?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	06/10/22	08/25/21	9.63
Can DOACs be safely used in patients with end stage renal disease?	PA - UPMC St Margaret FMRP	06/10/22	12/13/20	18.13
Is intuitive eating an effective approach for eating disorders?	OR - OPTI West Roseburg FMR	06/10/22	09/09/21	9.13
Is topical green tea extract an effective treatment for acne vulgaris?	IL - SIU Decatur FMR	06/10/22	10/18/21	7.83
What is the most effective dose and route of misoprostol for labor induction?	WA - East Pierce FM (Founding)	06/10/22	01/17/22	4.80
For pregnant women, does increased probiotic intake decrease the incidence of gestational diabetes?	OK - In His Image FMR	06/07/22	09/14/21	8.87
			<b>JUNE 2022</b>	<b>10.13</b>
Does peppermint essential oil relieve headache pain in adults with tension headaches?	TX - U of Texas Medical Branch	5/31/22	9/28/20	20.33
In normotensive adults with diabetes, does adding an ACE- inhibitor reduce cardiovascular events?	MN - U of Minnesota Department of FM	5/31/22	2/5/22	3.83
In non-smoking pregnant people is maternal caffeine consumption associated with fetal growth restriction?	MO - U of Missouri FP Columbia (Founding)	5/31/22	2/17/22	3.43
Does an outpatient follow-up appointment within 14 days of discharge from the hospital reduce readmission rates?	WV - United Hospital Center Program	5/31/22	12/23/20	17.47

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Does the direct renin inhibitor aleskrinen have any evidence of beneficial patient oriented outcomes?	CA - Valley FMR of Modesto	5/31/22	9/13/21	8.67
In adults with non-specific acute or chronic low back pain, do NSAIDS offer pain reduction over placebo?	OH - Cleveland Clinic Foundation Program	5/31/22	4/20/21	13.53
Is buprenorphine safe for treatment of chronic pain in adults?	WA - FMR at Fort Lewis Madigan Army (Founding)	5/31/22	10/16/21	7.57
In patients with dementia which pharmaceutical intervention is best at reducing agitated behaviors?	IL - St. Louis University (Southwest Illinois) FMRP	5/30/22	9/17/21	8.50
In nursing home patients which intervention is most effective in decreasing falls?	KS - Via Christi FMRP	5/30/22	10/22/21	7.33
Does fish oil supplementation improve patient-oriented cardiovascular outcomes in adults with hyperlipidemia?	IL - U of Chicago NorthShore FMRP (Founding)	5/17/22	8/8/21	9.40
In adults, does apple cider vinegar consumption increase intentional weight loss?	OH - Cleveland Clinic Foundation Program	5/17/22	10/10/21	7.30
Is massage effective therapy for tension headaches?	WA - U of Washington FMRP (Founding)	5/12/22	2/19/21	14.90
Is medical management noninferior to surgical management in adults with uncomplicated appendicitis?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	5/12/22	6/16/21	11.00
Does alcohol increase the risk of melanoma?	IL - SIU Carbondale FPC	5/12/22	3/22/21	13.87

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In adolescents who receive the first dose HPV vaccination between ages 9 and 14, is a two-dose series as effective as a three-dose series?	MO - U of MO-columbia	5/12/22	4/9/21	13.27
Does prophylactic use of Tranaexamic Acid (TXA) prevent postpartum hemorrhage in vaginal deliveries?	CO - U of Colorado FMR Denver (Founding)	5/12/22	12/2/21	5.37
Do racial disparities exist in the prescribing of opioid medications for chronic non-cancer pain?	MO - St. Louis University School of Medicine RP	5/11/22	2/27/21	14.60
Have rates of advanced prostate cancer in African-American men changed since the 2012 USPSTF screening recommendations?	KS - Via Christi FMRP	5/11/22	2/24/21	14.70
Does Elderberry reduce acute viral respiratory symptoms?	NJ - Rutgers RWJMS FMR at RWJUH	5/11/22	3/19/21	13.93
What are the most effective pharmacologic treatments for anxiety disorders in children and adolescents?	TX - Carl Darnall AMC FMRP	5/10/22	11/4/20	18.40
Does asymptomatic cervical adenopathy in children benefit from antibiotic treatment?	MO - U of Missouri FP Columbia (Founding)	5/10/22	10/10/21	7.07
			<b>MAY 2022</b>	<b>11.17</b>
How effective is wrist splinting for lateral epicondylitis?	WI - Fox Valley FMRP - Medical College of Wisconsin	04/05/22	08/19/21	7.63
How effective is bariatric surgery for long term weight loss?	KS - Via Christi FMRP	04/05/22	08/02/21	8.20
In adults with borderline personality disorder what are the most effective forms of psychotherapy?	CO - St. Anthony North FMRP	04/05/22	10/25/21	5.40

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Is virtual psychotherapy as effective as face to face psychotherapy for patients with anxiety disorder?	NV - Nellis AFB	04/05/22	08/11/21	7.90
Is topical fluorouracil or combination fluorouracil and cryotherapy more effective than cryotherapy alone for treatment of actinic keratoses?	MN - U of Minnesota Department of FM	04/05/22	07/21/21	8.60
Does adding an alpha-1 blocker to finasteride improve lower urinary tract symptoms in elderly men with benign prostatic hypertrophy?	PA - PSU Hershey Department of Family & Community Medicine	04/06/22	09/28/20	18.50
Are direct oral anticoagulants safe and effective in patients with atrial fibrillation and BMIs greater or equal to 40?	PA - UPMC St Margaret FMRP	04/06/22	12/12/20	16.00
In geriatric patients with behavioral and psychological symptoms of dementia (BPSD), is valproic acid more effective than placebo or no treatment in improving symptoms of BPSD?	PA - UPMC St Margaret FMRP	04/06/22	12/16/20	15.87
In hypertensive children with microalbuminuria, are ACEs/ARBs a beneficial therapy?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	04/06/22	03/25/21	12.57
Does vitamin D supplementation reduce the risk of stress fractures in athletes?	NC - Womack FMR Clinic	04/13/22	04/26/21	11.73
In pregnant women, does long-chain polyunsaturated fatty acid (LCPUFA) supplementation reduce the risk of preterm or early preterm birth?	MO - U of Missouri FP Columbia (Founding)	04/13/22	05/10/21	11.27



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Does vitamin D supplementation improve symptoms in patients with atopic dermatitis?	NJ - Rutgers RWJMS FMR at RWJUH	04/13/22	03/19/21	13.00
What is the most effective pharmacotherapy treatment for cannabis use disorder?	WA - U of Washington FMRP (Founding)	04/13/22	01/30/21	14.60
How effective is counseling for perinatal depression?	WA - FM Spokane (Founding)	04/13/22	03/03/21	13.53
Are cannabinoids effective for treatment of non-cancer musculoskeletal pain?	MI - Beaumont Hospital Troy FMRP	04/13/22	03/12/21	13.23
How does electronic medical record (EMR) implementation impact provider efficiency?	WV - United Hospital Center Program	04/13/22	03/05/21	13.47
In patients with atrial fibrillation requiring oral anticoagulation who undergo cardiac stenting, what key outcome differences are noted with triple anti-thrombotic therapy compared to dual-anti-thrombotic therapy?	OK - In His Image FMR	04/13/22	02/27/21	13.67
What is the best treatment for children with attention deficit hyperactivity disorder?	WA - FMR at Fort Lewis Madigan Army (Founding)	04/15/22	04/26/21	11.80
Does a history of acute kidney injury (AKI) increase the risk of developing AKI in the future during strenuous activity?	NV - Nellis AFB	04/18/22	06/11/21	10.37
Do Omega-3 fatty acids slow memory loss in patients with cognitive impairment or dementia?	MN - U of Minnesota Department of FM	04/18/22	01/28/21	14.83
In adults with depression, does couples therapy	OR - OPTI West Roseburg FMR	04/19/22	07/07/21	9.53

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Is there an increased risk of cancer in adult patients taking ARB medications compared to adults who take ACEi medications or placebo?	ID - FMR of Idaho (Founding)	04/19/22	02/25/21	13.93
Does gabapentin decrease alcohol use in patients with alcohol use disorder?	IL - St. Louis University (Southwest Illinois) FMRP	04/19/22	01/08/21	15.53
For healthy full term neonates, does bed sharing vs no bed sharing decrease the incidence of SIDS?	OK - In His Image FMR	04/22/22	09/19/21	7.17
Are there effective nonsurgical treatments of bunions?	KS - Via Christi FMRP	04/02/22	08/24/21	7.37
What are the long term effects of melatonin on mood and behavior in dementia patients?	AK - Alaska FMR (Founding)	04/28/22	08/09/21	8.73
Are GLP-1 agonists effective for weight loss in obese non-diabetic pediatric patients?	IL - U of Chicago NorthShore FMRP (Founding)	04/28/22	06/09/21	10.77
Is thrombocytopenia a predictor for severe alcohol withdrawal in patients being admitted for alcohol detoxification?	OK - In His Image FMR	04/28/22	09/16/21	7.47
			<b>APRIL 2022</b>	<b>11.52</b>
What interventions delay functional decline in people with dementia?	WA - U of Washington FMRP (Founding)	3/23/22	4/24/21	11.10
Is treatment of Hepatitis C by non-specialists as effective as treatment by specialists?	OR - OPTI West Roseburg FMR	3/23/22	7/7/21	8.63
Is buprenorphine an effective analgesic for treatment of chronic pain in adults?	NJ - Rutgers RWJMS FMR at RWJUH	3/23/22	3/19/21	12.30

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What is the optimal Mean Arterial Pressure (MAP) goal in the treatment of septic shock to improve patient oriented outcomes?	IL - U of Chicago NorthShore FMRP (Founding)	3/29/22	8/1/21	8.00
Do ultrasound guided myofascial trigger point injections lead to better outcomes and fewer complications when compared to trigger point injections without ultrasound guidance?	PA - Geisinger Health System Program-Lewistown	3/29/22	4/3/21	12.00
Does metformin cause weight loss in children and adolescents without diabetes mellitus?	NY - Phelps-Northwell FM Residency Program	3/29/22	3/5/21	12.97
Does cognitive behavioral therapy reduce the recurrence of depression?	WI - Fox Valley FMRP - Medical College of Wisconsin	3/29/22	3/26/21	12.27
			<b>MARCH 2022</b>	<b>11.04</b>
Do parent training programs reduce crying time in infants with and without colic?	WA - Tacoma FM (Founding)	02/03/22	02/01/21	12.23
Does parental education on screen time recommendations lead to reduced screen time in pediatric patients?	IL - U of Chicago (Founding)	02/03/22	07/16/21	6.73
Does a course of cognitive behavioral therapy reduce the recurrence of depression in patients on antidepressants?	PA - Lehigh Valley Hospital FMR	02/03/22	01/25/21	12.47
Does circumcision decrease rates of HPV infection in males?	FL - Florida State University COM FMRP at Lee Memorial Health System	02/03/22	04/10/21	9.97
Is screening for vitamin D deficiency indicated in asymptomatic adults living at high latitudes?	IL - SIU Carbondale FPC	02/03/22	03/06/21	11.13

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Does sunscreen effectively reduce the risk of skin cancer?	NV - Nellis AFB	02/03/22	05/14/21	8.83
Does prenatal exercise decrease the incidence of gestational hypertension?	OH - Cleveland Clinic Foundation Program	02/03/22	05/12/21	8.90
Are PCSK9 inhibitors alternatives for the treatment of hyperlipidemia in high risk patients who are statin intolerant?	TX - Carl Darnall AMC FMRP	02/03/22	02/17/21	11.70
Among adults who are overweight or obese, is fluoxetine effective in decreasing weight?	FL - Florida State University COM FMRP at Lee Memorial Health System	02/03/22	03/25/21	10.50
What methods increase the completion of advance directives before hospitalization?	MN - U of Minnesota Department of FM	02/03/22	01/29/21	12.33
Does routine administration of prophylactic antibiotics to newborns delivered through meconium stained fluid improve neonatal outcomes?	ID - FMR of Idaho (Founding)	02/03/22	02/03/21	12.17
Does surgery improve outcomes with chronic tennis elbow?	MN - U of Minnesota Department of FM	02/03/22	01/29/21	12.33
Is spironolactone an effective acne treatment in adult women with acne?	NJ - Rutgers RWJMS FMR at RWJUH	02/03/22	03/22/21	10.60
Is ginkgo biloba supplementation effective at improving cognitive function and memory in patients with dementia?	TX - U of Texas Health Science Center at Tyler	02/03/22	10/21/20	15.67
In pregnant women with inherited thrombophilias, does prophylactic anticoagulation with low molecular weight heparin improve the chance of live birth?	WA - Tacoma FM (Founding)	02/03/22	01/31/21	12.27

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Is a low serum 25-hydroxy vitamin D level (25OH-D) associated with worse disease severity in patients with rheumatoid arthritis?	NC - Moses H. Cone Memorial Hospital FPR (Founding)	02/03/22	10/31/20	15.33
Is chamomile effective to treat cyclic menstrual pain?	NJ - Rutgers RWJMS FMR at RWJUH	02/08/22	03/19/21	10.87
Does PSA screening decrease overall mortality in men over 45 years of age?	PA - UPMC St Margaret FMRP	02/08/22	12/14/20	14.03
Is hydrotherapy an effective treatment for fibromyalgia?	TX - Carl Darnall AMC FMRP	02/08/22	12/05/20	14.33
Does the use of albumin in adults with septic shock in the intensive care unit decrease mortality?	CA - Valley FMR of Modesto	02/08/22	11/05/20	15.33
			<b>FEBRUARY 2022</b>	<b>11.89</b>
What is the validity of nasal MRSA swab-screening in predicting culture-positive MRSA?	CA - Valley FMR of Modesto	1/10/22	9/13/20	16.13
Is optimism associated with increased quality of life, life-expectancy, and fewer hospitalizations in adults?	OK - In His Image FMR	1/10/22	9/21/20	15.87
In euthyroid women of childbearing age with thyroid peroxidase antibodies, does levothyroxine treatment increase live birth rates compared with placebo?	CA - Valley FMR of Modesto	1/10/22	10/10/20	15.23
Are antivirals safe and effective in reducing the duration or severity of symptoms in herpes zoster infection?	PA - UPMC St Margaret FMRP	1/10/22	12/9/20	13.23

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Are corticosteroid injections better than conservative treatment in patients with trigger finger?	MN - U of Minnesota Department of FM	1/10/22	12/15/20	13.03
In women with chronic anticoagulation, are the DOACs better than warfarin in decreasing the incidence of anticoagulation-associated heavy menstrual bleeding (HMB)?	PA - UPMC St Margaret FMRP	1/10/22	12/17/20	12.97
Is cannabidiol (CBD) an effective treatment for insomnia in adults?	MI - Beaumont	1/10/22	1/1/21	12.47
Is cervical cancer screening with high-risk human papillomavirus (HPV) testing superior (or at least as accurate) at detecting CIN3+ compared to screening with cytology?	WA - WWAMI Network Faculty Development Fellowship	1/10/22	1/18/21	11.90
Do energy drinks increase blood pressure in adults without the diagnosis of hypertension?	IL - St. Louis University (Southwest Illinois) FMRP	1/10/22	2/9/21	11.17
Is melatonin safe to take long-term?	WI - U of Wisconsin - Wausau FMR (Founding)	1/10/22	6/30/21	6.47
Does increased screen time contribute to adverse dietary choices in children?	OK - In His Image FMR	1/3/22	9/14/20	15.87
Does early initiation of progestin-only contraception after delivery influence breastmilk production and duration of breastfeeding?	TX - Texas Tech Family Practice at Lubbock	1/3/22	10/18/20	14.73

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When placing internal jugular central venous catheters in adults and children, does the use of ultrasound guidance decrease placement related complications compared to placement using only anatomical landmarks?	WA - Tacoma FM (Founding)	1/3/22	1/30/21	11.27
Does providing autonomy for older adults through shared decision making improve quality of life?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	1/3/22	3/12/21	9.90
			<b>JANUARY 2022</b>	<b>12.87</b>
Does a daily mouthwash with green tea effectively prevent the development of dental caries versus chlorhexidine mouthwash?	TX - Carl Darnall AMC FMRP	12/31/21	11/20/20	13.53
Does marijuana use in adolescence increase the risk of developing psychotic disorder as an adult?	NC - U of North Carolina FPRP (Founding)	12/31/21	02/17/21	10.57
Is there a role for anticoagulation following ACL reconstruction to prevent VTE?	WI - U of Wisconsin - Madison FMR (Founding)	12/31/21	03/25/21	9.37
Do individuals with MSK soft tissue injuries who undergo PRP injection have better outcomes and improved recovery rates compared to placebo, dry needling, PT and whole blood therapies?	UT - Utah Valley FMR	12/31/21	05/04/21	8.03
In women who experience intimate partner violence what is the effectiveness of cognitive behavioral therapy on depression and anxiety symptoms?	WA - Tacoma	12/24/21	01/05/21	11.77

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Is prophylactic anticoagulation effective in preventing venous thromboembolic events in outpatients with cancer receiving active chemotherapy?	WA - Tacoma FM (Founding)	12/24/21	01/29/21	10.97
Do uric acid lowering agents decrease cardiovascular events?	CA - Valley FMR of Modesto	12/22/21	09/28/20	15.00
In geriatric patients, is mirtazapine safe and effective for the treatment of insomnia?	TX - U of Texas Health Science Center at Tyler	12/22/21	10/16/20	14.40
Among patients with Parkinson's Disease, are GLP-1 receptor agonists effective in improving motor symptoms compared with usual care?	PA - UPMC St Margaret FMRP	12/22/21	12/14/20	12.43
Does the ketogenic diet decrease frequency of seizures in drug resistant epilepsy?	OH - Cleveland Clinic Foundation Program	12/22/21	12/20/20	12.23
Are patients older than 50 years of age who received a shingles vaccine, at lower risk of developing postherpetic neuralgia compared to those who did not receive shingles vaccine?	PA - UPMC St Margaret FMRP	12/22/21	01/09/21	11.57
What are the effective non-pharmacologic strategies to prevent high altitude pulmonary edema?	NC - Camp Lejeune FMR	12/22/21	02/11/21	10.47
Which SSRI is most effective for migraine prevention?	WV - United Hospital Center Program	12/22/21	02/17/21	10.27
What is the incidence of behavioral adverse events in adult patients who are treated with Levetiracetam?	WA - Providence St. Peter Hospital FMRP (Founding)	12/22/21	02/19/21	10.20



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Do prescription doses of ibuprofen (600 or 800 mg per dose) provide greater analgesic effect for acute pain than over-the-counter doses (200 or 400 mg per dose)?	ID - FMR of Idaho (Founding)	12/22/21	02/26/21	9.97
What is the role of adding antibiotics to surgical incision and drainage for treatment of uncomplicated skin abscesses?	WA - FM Spokane (Founding)	12/22/21	03/03/21	9.80
What is the diagnostic accuracy of ultrasound versus x-ray for closed metatarsal fractures?	KS - Via Christi FMRP	12/22/21	06/16/21	6.30
			<b>DECEMBER 2021</b>	<b>10.99</b>
Is metoclopramide effective and safe to treat acute migraines in pregnant patients?	PA - Lehigh Valley Hospital FMR	11/22/21	1/28/21	9.93
			<b>NOVEMBER 2021</b>	<b>9.93</b>
Is acupuncture effective for the treatment of hypertension in adult patients?	NY - Phelps-Northwell FM Residency Program	10/25/21	02/16/21	8.37
Do peer support lactation interventions increase adherence to breastfeeding in African American women?	WA - Tacoma FM (Founding)	10/25/21	01/29/21	8.97
In adults with type 2 diabetes mellitus, does the addition of a health coach to the primary care team improve outcomes compared to usual care without a health coach?	TX - Texas Tech Family Practice at Lubbock	10/25/21	10/18/20	12.40
Does pet ownership in adults reduce the risk of cardiovascular disease?	CA - Emanate Health Program	10/25/21	12/14/20	10.50
Are antibiotics effective in treating children with chronic productive cough?	KS - Via Christi FMRP	10/25/21	10/19/20	12.37

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
What are the health risks and benefits in adults adhering to a vegan versus lacto-vegetarian diet?	CA - Valley FMR of Modesto	10/25/21	07/26/20	15.20
In premenopausal women with abnormal uterine bleeding, do combination oral contraceptives improve symptom control or decrease bleeding more than progesterone monotherapy?	KS - Via Christi FMRP	10/25/21	11/05/20	11.80
In adults above the age of 30, can intake of daily oral collagen peptide supplements decrease wrinkles?	IL - SIU Carbondale FPC	10/25/21	06/12/20	16.67
Do coffee drinkers have a lower risk of cancer?	TX - John Peter Smith FMR Program	10/25/21	10/17/20	12.43
Does torsemide improve dyspnea and increase diuresis more than furosemide in patients with acute heart failure with reduced ejection fraction (HRrEF)?	FL - U of Central Florida Ocala	10/25/21	12/17/20	10.40
Do alpha-blockers reduce pain in adults with symptomatic nephrolithiasis?	TX - U of Texas Health Science Center at Tyler	10/25/21	10/13/20	12.57
In adults with opioid use disorder, does sustained-release naltrexone prevent relapse more effectively than oral naltrexone or no treatment?	MN - U of Minnesota Department of FM	10/05/21	01/21/21	8.57
Are the effectiveness of gabapentin and pregabalin comparable in symptom relief in adult patients with post-herpetic neuralgia?	TX - John Peter Smith FMR Program	10/05/21	10/25/20	11.50
Does asymptomatic bacteriuria treatment in pregnant women improve pregnancy outcomes?	WA - Tacoma FM (Founding)	10/05/21	01/29/21	8.30

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is mindfulness based stress reduction effective at managing chronic pain?	NC - U of North Carolina FPRP (Founding)	10/05/21	10/26/20	11.47
What factors are associated with spontaneous resolution of hepatitis C?	TX - John Peter Smith FMR Program	10/05/21	10/08/20	12.07
Is Korean red ginseng an effective treatment for diabetes in adult patients?	NY - Phelps-Northwell FM Residency Program	10/05/21	02/24/21	7.43
Is a 20-minute fetal heart rate monitoring strip upon admission to labor and delivery predictive for fetal outcomes?	CA - Valley FMR of Modesto	10/05/21	07/25/20	14.57
			<b>OCTOBER 2021</b>	<b>11.42</b>
Do direct oral anticoagulants (DOACs) effectively prevent venous thromboembolism in patients with active malignancy?	TX - Carl Darnall AMC FMRP	9/30/21	10/23/20	11.40
In pregnant women with abnormal 1 hour glucose tolerance tests but negative confirmatory testing, does dietary counseling and glucose monitoring versus usual care reduce adverse maternal/fetal outcome?	OK - In His Image FMR	9/15/21	10/2/20	11.60
Are 5-HT1 receptor agonists ("triptans") more effective than ibuprofen in the treatment of migraine in children and adolescents?	FL - Florida State University COM FMRP at Lee Memorial Health System	9/15/21	5/7/20	16.53
Do progesterone-only contraceptive methods increase venous thromboembolic risk compared to non-hormonal methods?	WA - East Pierce FM (Founding)	9/15/21	8/13/20	13.27
Does probiotic supplementation improve athletic performance in adult athletes?	NC - Moses H. Cone Memorial Hospital FPR (Founding)	9/15/21	8/19/20	13.07

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is light therapy effective in improving quality/quantity of sleep in patients with both dementia and sleep disturbance?	WA - Tacoma FM (Founding)	9/15/21	1/21/21	7.90
Is domperidone, when used as a pharmacologic galactagogue, effective at increasing milk supply in breastfeeding mothers?	TX - Texas Tech Family Practice at Lubbock	9/15/21	10/26/20	10.80
Do antiepileptics reduce symptoms of diabetic neuropathy more than tricyclic antidepressants?	CA - David Grant USAF Medical Center FMR Travis AFB	9/15/21	11/17/20	10.07
In men with BPH, is procedural intervention superior to combination medical therapy for reduction of symptoms?	TX - U of Texas Health Science Center at Tyler	9/15/21	10/26/20	10.80
In adults with de Quervain's tendinopathy, do glucocorticoid injections improve symptoms more than placebo?	KS - Via Christi FMRP	9/15/21	10/15/20	11.17
Does ibuprofen exposure impede fracture healing in children?	MN - U of Minnesota Department of FM	9/15/21	11/11/20	10.27
Does chronic use of H2 blockers in adults cause loss of bone density?	LA - Tulane University DFCM	9/15/21	10/26/20	10.80
Do probiotics prevent otitis media in children who are prone to recurrent infections?	MO - U of Missouri FP Columbia (Founding)	9/15/21	2/22/21	6.83
Does a concussion in adolescents increase the likelihood of developing insomnia?	TX - John Peter Smith FMR Program	9/6/21	10/15/20	10.87
Are antipsychotics effective in treating acute delirium?	CO - Sky Ridge FMR	9/1/21	11/24/20	9.37

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What are the risks and benefits to breastfeeding infants when mothers are on medication assisted therapy with methadone or buprenorphine?	CO - Sky Ridge FMR	9/1/21	11/22/20	9.43
Is tinnitus retraining therapy more effective than standard of care treatment for tinnitus?	MI - St. Joseph Mercy Livingston	9/1/21	9/28/20	11.27
Is pre-exposure prophylaxis (PrEP) effective and feasible for preventing HIV transmission in adolescent males?	ON - Trillium Health Care	9/1/21	4/6/20	17.10
Does prenatal pelvic floor muscle training help to prevent stress urinary incontinence in late pregnancy, postpartum, and interpregnancy period?	OK - In His Image FMR	9/1/21	9/28/20	11.27
Does melatonin prevent procedure related anxiety in adults and children?	CO - Sky Ridge FMR	9/1/21	12/11/20	8.80
Are antipsychotics effective in treating acute delirium?	CO - Sky Ridge FMR	9/1/21	11/24/20	9.37
In patients with acute mania, which anti-manic medication regimen is the most effective treatment?	MN - U of Minnesota Department of FM	9/1/21	5/26/20	15.43
Does dexamethasone prevent symptoms of altitude sickness in adults traveling to high altitude regions?	IL - SIU Carbondale FPC	9/1/21	4/16/20	16.77
Are custom orthotics more effective than prefabricated orthotics for the treatment of plantar fasciitis?	WI - U of Wisconsin - Madison FMR (Founding)	9/1/21	8/17/20	12.67
Do calcium channel blockers affect male fertility factors?	TX - U of Texas Medical Branch	9/1/21	10/1/20	11.17

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Does omega 3 supplementation improve dry eye symptoms?	LA - Tulane University DFCM	9/1/21	6/21/20	14.57
Which treatments are effective at achieving weight loss among overweight or obese reproductive age women with PCOS?	WA - East Pierce FM (Founding)	9/1/21	8/15/20	12.73
Does the consumption of a high flavonoid diet improve cognitive function in adults?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	10/9/20	10.90
Can a negative procalcitonin be used to stop antibiotics in patients admitted to the hospital with moderate to severe COPD exacerbation but no signs of pneumonia?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	8/5/20	13.07
Does OMT work for suck dysfunction and breastfeeding issues in newborns?	MI - St. Joseph Mercy Livingston	9/1/21	8/16/20	12.70
Does CoQ 10 enzyme improve symptoms in patients with heart failure?	WA - FMR at Fort Lewis Madigan Army (Founding)	9/1/21	11/27/20	9.27
Is sleep duration associated with symptom improvement in athletes with sports related concussion?	NJ - Rutgers RWJMS FMR at RWJUH	9/1/21	7/14/20	13.80
			<b>SEPTEMBER 2021</b>	<b>11.72</b>
Does face-to-face parental counseling and patient education increase vaccination rates in children and adolescents?	FL - Florida State University COM FMRP at Lee Memorial Health System	08/15/21	05/18/20	15.13
Is metformin effective for treating infertility associated with polycystic ovary syndrome (PCOS)?	WA - WWAMI Network Faculty Development Fellowship	08/15/21	01/18/21	6.97
Does vaccinating children with the varicella vaccine increase the incidence of shingles in the adult population?	TX - Texas Tech Family Practice at Lubbock	08/15/21	06/26/20	13.83

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
What are the most effective measures to manage diabetic foot ulcers?	MN - U of Minnesota Department of FM	08/15/21	02/23/20	17.97
In children with ADHD, does use of stimulant medications increase risk of sudden cardiac death?	MN - U of Minnesota Department of FM	08/15/21	01/31/20	18.73
What are the most effective oral medications for ovulation induction in women with PCOS?	GA - Martin Army FMRP, Fort Benning	08/15/21	05/07/20	15.50
What is the risk of hypoglycemia in infants born to mothers on beta blocker therapy?	NC - U of North Carolina FPRP (Founding)	08/15/21	07/09/20	13.40
Does nicotine replacement therapy in pregnancy improve smoking cessation rates and maternal and neonatal outcomes?	WA - Tacoma FM (Founding)	08/15/21	02/20/20	18.07
Is the levonorgestrel intrauterine device effective in decreasing menorrhagia due to uterine fibroids?	NE - Offutt Air Force Base FMR	08/15/21	11/28/20	8.67
Does early physical therapy result in cost savings for patients with acute low back pain?	MI - St. Joseph Mercy Livingston	08/15/21	08/17/20	12.10
Is cognitive-behavioral therapy more effective than other psychotherapies in patients with schizophrenia?	WA - U of Washington FMRP (Founding)	08/15/21	02/16/20	18.20
Is a plant-based diet safe for pediatric population?	OK - In His Image FMR	08/17/21	10/01/20	10.67
		<b>AUGUST 2021</b>		<b>11.34</b>
How does food insecurity and maternal depression impact childhood behavior?	NY - Phelps-Northwell FM Residency Program	7/30/21	9/4/20	10.97

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Do serial electrocardiograms improve the evaluation of acute coronary syndrome?	WI - U of Wisconsin - Madison FMR (Founding)	7/30/21	6/22/20	13.43
Does implicit racial bias training for healthcare providers increase awareness of racial bias in medicine?	WA - Kaiser Permanente Washington FMR (Founding)	7/30/21	8/13/20	11.70
Does outpatient monitoring of opioid dependent patients following release from an in-patient rehabilitation help prevent relapses/overdoses?	MO - St. Louis University School of Medicine RP	7/30/21	4/20/20	15.53
What are the positive effects of resistance training in frail elderly patients with dementia?	CO - Sky Ridge FMR	7/26/21	4/2/20	16.00
Is vaginal Vitamin E effective in reducing the symptoms of genitourinary syndrome of menopause?	TX - U of Texas Medical Branch	7/26/21	9/23/20	10.20
In communities that offer a needle exchange program, does intravenous drug use increase?	IL - McGaw Medical Center of Northwestern University Program	7/26/21	8/15/20	11.50
In pediatric patients, what role does palatal petechiae have in the diagnosis of group A streptococcal pharyngitis?	MN - U of Minnesota Department of FM	7/26/21	7/12/20	12.63
Is buprenorphine as effective as morphine in treating patients with acute pain?	NJ - Rutgers RWJMS FMR at RWJUH	7/26/21	8/11/20	11.63
Is calcium supplementation effective for prevention of hypertension in an otherwise healthy pregnancy?	OK - In His Image FMR	7/26/21	9/17/20	10.40
What are effective mass treatment strategies for prevention of S. mansoni infections?	NY - Phelps-Northwell FM Residency Program	7/26/21	2/23/20	17.30



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Does cranberry extract taken daily by mouth prevent recurrent urinary tract infections in adult women?	AR - U of Arkansas for Medical Sciences Northwest FMR	7/16/21	12/23/19	19.03
Does rifaximin decrease small intestinal bacterial overgrowth in patients with irritable bowel syndrome?	AR - U of Arkansas for Medical Sciences Northwest FMR	7/16/21	1/16/20	18.23
In pregnant nulliparous women age 35 and older, does induction of labor at full term (39wks) or later reduce early neonatal mortality and stillbirth compared to expectant management?	WA - Kaiser Permanente Washington FMR (Founding)	7/16/21	8/15/20	11.17
Does the use of external ankle bracing reduce performance in athletes?	WA - U of Washington FMRP (Founding)	7/7/21	2/22/20	16.70
Does the risk of ACE-1-induced angioedema differ between Black and non-Black patients?	PA - PSU State College Department of Family & Community Medicine	7/7/21	10/20/20	8.67
Does advanced care planning increase the use of palliative care?	WA - Northwest Washington FMR (Founding)	7/7/21	8/7/20	11.13
In patients with dementia which pharmaceutical intervention is best at reducing agitated behaviors?	MN - U of Minnesota Department of FM	7/7/21	7/8/20	12.13
In hospitalized patients without history of venous thromboembolism, does prophylactic low molecular weight heparin reduce incidence of VTE more effectively than mechanoprophylaxis?	OK - In His Image FMR	7/5/21	8/22/20	10.57

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In adults with vitamin B12 deficiency who do not have known risk factors is oral vitamin B12 as effective as intramuscular vitamin B12 for normalizing serum vitamin B12 levels?	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	7/5/21	9/21/20	9.57
In adult patients with onychomycosis, does continuous therapy with oral terbinafine result in increased rates of cure compared to pulsed therapy?	OK - In His Image FMR	7/5/21	8/18/20	10.70
Among people with anxiety, which is the effective duration of SSRI therapy to prevent relapse?	WA - East Pierce FM (Founding)	7/5/21	8/13/20	10.87
How effective is imaging for abdominal pain?	NY - Phelps-Northwell FM Residency Program	7/5/21	2/14/20	16.90
Does fish oil supplementation improve cognition in adults?	IL - St. Louis University (Southwest Illinois) FMRP	7/5/21	12/15/19	18.93
			<b>JULY 2021</b>	<b>13.16</b>
In patients with type II diabetes, is a vegan diet associated with better glycemic control compared with a conventional diabetes diet?	AL - Cahaba Family Medicine Residency	06/15/21	04/25/20	13.87
Is tea consumption associated with a decreased risk of cardiovascular disease?	IL - U of Chicago NorthShore FMRP (Founding)	06/15/21	07/19/20	11.03
What is the best treatment of methamphetamine use disorder?	WA - FMR at Fort Lewis Madigan Army (Founding)	06/15/21	01/21/20	17.03
Is simple reaction time a good sideline test for diagnosing concussions?	MI - Beaumont Hospital Troy	06/15/21	03/25/20	14.90

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Do antacids before cesarean delivery reduce the risk of aspiration pneumonitis?	WA - Tacoma FM (Founding)	06/15/21	01/31/20	16.70
Should women with a history of HPV infection be administered an HPV vaccine?	MO - St. Louis University School of Medicine RP	06/15/21	08/16/20	10.10
Does a three-dose oral vitamin K regimen at birth, one week old of age, and one month old of age prevent late-onset bleeding from vitamin K deficiency?	MN - U of Minnesota Department of FM	06/15/21	02/02/20	16.63
For medication management of early pregnancy loss, what are the advantages of misoprostol with mifepristone compared with misoprostol alone?	NC - Mountain AHEC Asheville FPRP (Founding)	06/15/21	04/21/20	14.00
Do statins have a role in the treatment of Alzheimer's's disease?	MN - U of Minnesota Department of FM	06/15/21	01/31/20	16.70
Does the utilization of medical scribes reduce physician burnout in primary care settings?	IL - U of Chicago NorthShore FMRP (Founding)	06/15/21	06/26/20	11.80
Does surgery improve outcomes in chronic lateral epicondylitis?	MN - U of Minnesota Department of FM	06/15/21	01/27/20	16.83
In children with suspected asthma, what is the best confirmatory test?	WV - United Hospital Center Program	06/15/21	03/13/20	15.30
Is a clinical breast examination useful for screening for breast cancer?	MN - U of Minnesota Department of FM	06/15/21	01/29/20	16.77
In patients receiving androgens for gender dysphoria, is subcutaneous testosterone administration equivalent to IM administration?	MN - U of Minnesota Department of FM	06/15/21	01/27/20	16.83

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Does the use of e-cigarettes improve tobacco cessation rates in adults compared with pharmaceutical nicotine replacement systems?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	06/30/20	11.90
Is the introduction of allergenic foods, such as egg and peanut, to infants at 4 to 6 months of age associated with an increased risk of allergic disease later in life?	AL - Cahaba Family Medicine Residency	06/22/21	04/25/20	14.10
For patients with heart failure, does remote monitoring of vital signs prevent hospital admissions?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	07/02/20	11.83
Do lesbian, gay, bisexual, transgender, and questioning individuals have a higher prevalence of tobacco use than their cisgender or heterosexual counterparts?	MO - St. Louis University School of Medicine RP	06/22/21	07/12/20	11.50
Does the addition of exercise to caloric restriction increase weight loss in adults compared with caloric restriction alone?	IL - U of Chicago NorthShore FMRP (Founding)	06/22/21	06/30/20	11.90
Does routine iron supplementation improve anemia or health outcomes in menstruating women?	WA - Tacoma FM (Founding)	06/25/21	01/31/20	17.03
In women with dense breasts, does whole-breast ultrasound improve cancer detection compared with mammogram alone?	ID - FMR of Idaho (Founding)	06/25/21	02/20/20	16.37
Does marijuana usage have impacts on motor and executive functioning?	IL - SIU Decatur FMR	06/04/21	03/30/20	14.37

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In adults with obesity-related comorbidities which behavior change techniques decrease weight?	MN - U of Minnesota Department of FM	06/10/21	12/02/19	18.53
In patients with moderate or severe COPD, what are the benefits and risks of adding ICDs to combined LABA and LAMA therapy?	WA - U of Washington FMRP (Founding)	06/10/21	02/23/20	15.77
Does providing opiate maintenance therapy during incarceration increase participation in community treatment programs after release?	IL - McGaw Medical Center of Northwestern University Program	06/10/21	12/19/19	17.97
Does OMT improve pelvic pain in pregnancy?	WA - Providence St. Peter Hospital FMRP (Founding)	06/10/21	12/21/19	17.90
Do community health worker interventions embedded in primary care improve chronic disease health outcomes in medically underserved patient populations?	PA - Lehigh Valley Hospital FMR	06/10/21	09/12/19	21.23
Is there an association between football-related head injuries and the development of depression?	IL - SIU Springfield FMR	06/10/21	08/27/19	21.77
Does anticipatory prescribing of emergency contraception reduce the rate of unintended pregnancy?	WA - Tacoma FM (Founding)	06/10/21	01/31/20	16.53
Does daily supplementation with fish oil decrease atherosclerotic cardiovascular disease risk?	TX - Texas Tech Family Practice at Lubbock	06/10/21	11/29/19	18.63
Do ICD's in patients with non-ischemic congestive heart failure with EF <35% improve mortality?	TX - Texas Tech Family Practice at Lubbock	06/10/21	12/09/19	18.30

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Does coenzyme Q10 lower blood pressure in patients with hypertension?	ID - Rural FMR of Idaho (Founding)	06/11/21	03/11/20	15.23
Is there a mortality benefit in patients with COPD who take statins compared with those who do not?	PA - UPMC St Margaret FMRP	06/11/21	11/26/19	18.77
In patients with stable COPD, is a short-acting beta agonist alone as effective for controlling symptoms as a SABA plus a short-acting muscarinic antagonist?	TX - John Peter Smith FMR Program	06/14/21	10/22/19	20.03
What is the preferred thiamine treatment for suspected Wernicke encephalopathy?	WA - FMR at Fort Lewis Madigan Army (Founding)	06/14/21	04/18/20	14.07
In healthy women at low risk of complications, does water immersion in first stage of labor decrease the number of women receiving epidural anesthesia?	MN - U of Minnesota Department of FM	06/14/21	01/27/20	16.80
			<b>JUNE 2021</b>	<b>15.81</b>
In patients with COPD, does SMT improve lung function compared with no SMT?	PA - UPMC St Margaret FMRP	5/4/21	12/2/19	17.30
Does supervised moderate-intensity aerobic exercise relieve pain symptoms in patients with fibromyalgia?	WA - Tacoma FM (Founding)	5/6/21	1/31/20	15.37
In adults with mild persistent asthma, is as-needed use of a combined inhaled corticosteroid plus long-acting beta-agonist as effective as scheduled use of an inhaled corticosteroid alone in preventing asthma exacerbations?	VA - LewisGale Medical Center Program	5/3/21	5/9/19	24.17

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In sepsis, is the use of balanced crystalloids better than unbalance crystalloids in decreasing mortality?	IL - SIU Decatur FMR	5/3/21	5/22/20	11.53
Does access to an interpreter or language-concordant provider improve HbA1c levels in Spanish-speaking patients with diabetes?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	5/3/21	3/6/20	14.10
Is vitamin K2 supplementation effective in reducing fractures in adults?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	5/3/21	3/4/20	14.17
What are the benefits and risks of hormone replacement therapy for primary prevention of chornic conditions in postmenopausal women?	WA - Kadlec Regional Medical Center Program (Founding)	5/3/21	9/23/19	19.60
What is the best therapy for PCS?	MI - St. Joseph Mercy Livingston	5/3/21	8/15/19	20.90
Does ginger relieve symptoms of dyspepsia?	IL - SIU Decatur FMR	5/3/21	4/9/20	12.97
Does starting a beta-blocker in the preoperative period decrease preoperative mortality and morbidity?	WA - Kadlec Regional Medical Center Program (Founding)	5/3/21	9/27/19	19.47
		<b>MAY 2021</b>		<b>16.96</b>
In patients with chronic atrial fibrillation currently on warfarin, can INR surveillance be safely extended beyond four weeks?	TN - U of TN College of Medicine at Murfreesboro Program	04/30/21	08/08/19	21.03
Does breastfeeding for six months or more after birth decrease the risk of childhood obesity?	OK - University of Oklahoma School of Community Medicine, Family and Community Medicine	04/30/21	03/11/20	13.83
Does vitamin D deficiency in pregnancy increasae the risk of postpartum depression?	TN - U of TN College of Medicine at Murfreesboro Program	04/22/21	08/19/19	20.40

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Does social media use adversely affect sleep duration in adults?	IL - SIU Springfield FMR	04/22/21	11/03/19	17.87
Are multimedia educational interventions more effective than conventional education at reducing HbA1c in adults with type 2 diabetes?	IL - St. Louis University (Southwest Illinois) FMRP	04/23/21	12/05/19	16.83
In patients with hypoalbuminemia and volume overload, does furosemide plus albumin improve outcomes?	IL - St. Louis University (Southwest Illinois) FMRP	04/23/21	09/17/20	7.27
Do CBT-based interventions reduce occupational stress and burnout among physicians in developed countries?	PA - PSU Hershey Department of Family & Community Medicine	04/23/21	04/20/20	12.27
Does vitamin D supplementation help with weight loss and BMI?	TX - U of Texas Health Science Center at Tyler	04/23/21	11/01/19	17.97
Do thiazides increase the risk of falls in the elderly?	MI - St. Joseph Mercy Livingston	04/23/21	08/09/19	20.77
What are effective treatments for advanced castration-resistant prostate cancer marked by rapidly rising PSA?	NY - Phelps-Northwell FM Residency Program	04/23/21	02/24/20	14.13
Does the addition of OMT in the antepartum or intrapartum period decrease the duration of labor compared with standard obstetrical management alone?	IL - UIC Illinois Masonic FPR	04/23/21	08/15/19	20.57
In patients with uncontrolled diabetes, does self-titration of insulin lead to faster glucose control compared with clinician-led instruction?	WV - United Hospital Center Program	04/23/21	12/26/19	16.13



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Are continuous insulin pumps more effective than multiple daily insulin injections in the management of poorly controlled type 2 diabetes?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/23/21	01/31/20	14.93
Is fenugreek effective at increasing breast milk production?	MT - Montana FMR (Founding)	04/23/21	12/13/19	16.57
In adults with AWS does phenobarbital reduce hospital length of stay more than benzodiazepines?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/24/21	11/07/19	17.80
Is exercise in pregnancy associated with negative neonatal outcomes?	WV - United Hospital Center Program	04/24/21	11/25/19	17.20
What is the relationship between lipoprotein(a) and CVD?	IL - SIU Springfield FMR	04/24/21	11/27/19	17.13
Do probiotics provide symptom relief in patients with SIBO compared with placebo or no treatment?	PA - UPMC St Margaret FMRP	04/24/21	11/27/19	17.13
Does podophyllin provide any benefit over cryotherapy for adult patients with genital warts?	AR - AHEC Southwest FPR	04/24/21	12/28/19	16.10
Is there an effective way to adjust statin type, dosing, and/or frequency to maximize cardiovascular risk benefit and simultaneously eliminate muscle aches in patients who experience that side-effect?	PA - UPMC St Margaret FMRP	04/14/21	11/27/19	16.80
Is topical diclofenac safe in adult patients with contraindications to oral NSAID therapy?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	04/13/21	11/13/19	17.23
			<b>APRIL 2021</b>	<b>16.58</b>

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is increased social media use associated with depression in teenagers?	IL - SIU Springfield FMR	3/16/21	11/21/19	16.03
In patients with cancer-related pain, does use of cannabis reduce opioid requirements for pain control?	WA - U of Washington FMRP (Founding)	3/16/21	2/14/20	13.20
Do group prenatal visits increase the likelihood of breastfeeding versus individual prenatal visits?	IL - U of Chicago NorthShore FMRP (Founding)	3/16/21	5/9/20	10.37
In adults with POTS, are salt tablets and oral hydration more effective for reducing symptoms than oral hydration alone?	IL - SIU Decatur FMR	3/16/21	3/9/20	12.40
Is capsaicin an effective treatment for cannabinoid hyperemesis syndrome?	IL - SIU Decatur FMR	3/16/21	3/22/20	11.97
Do topical vaginal estrogens help prevent rUTI in postmenopausal women?	AR - U of Arkansas for Medical Sciences Northwest FMR	3/16/21	12/18/19	15.13
Does physician access to prescription monitoring databases reduce opioid overdose deaths?	IL - U of Chicago NorthShore FMRP (Founding)	3/16/21	5/15/20	10.17
Is a figure of eight bandage better than a simple sling for midshaft clavicle fractures in adults?	NC - Cabarrus FMRP (Founding)	3/1/21	11/14/19	15.77
Does an asthma action plan help reduce severity of asthma exacerbations?	TX - U of Texas Health Science Center at Tyler	3/1/21	10/2/19	17.20
Does supplementation with myo-inositol reduce the risk of developing GDM?	OK - In His Image FMR	3/1/21	9/5/19	18.10
Does breastfeeding for at least three months decrease the risk of childhood asthma?	NJ - Inspira Health Network Graduate Medical Education FM Woodbury	3/1/21	11/8/19	15.97
Is montelukast effective for treating patients with chronic urticaria?	CA - Valley FMR of Modesto	3/1/21	9/5/19	18.10

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In patients with hyperlipidemia and cardiovascular disease, does the addition of a PCSK9 inhibitor decrease the incidence of subsequent cardiovascular events?	TN - U of TN College of Medicine at Murfreesboro Program	3/1/21	8/30/19	18.30
In patients with iron deficiency without anemia, does iron treatment improve outcomes?	NC - Cabarrus FMRP (Founding)	3/1/21	12/30/19	14.23
Is surgical versus conservative management more effective for displaced midshaft clavicle fractures?	NC - Cabarrus FMRP (Founding)	3/1/21	11/14/19	15.77
Does routine episiotomy reduce severe perineal trauma?	TX - Carl Darnall AMC FMRP	3/1/21	2/27/20	12.27
How effective is metformin in reducing cardiovascular risk in adults with T2DM?	IN - Indiana University School of Medicine Program (Arnett)	3/1/21	10/25/19	16.43
Is osteopathic manipulative treatment effective in reducing primary dysmenorrhea?	IL - Advocate Christ FMR	3/1/21	4/5/19	23.20
			<b>MARCH 2021</b>	<b>12.72</b>
In patients with Clostridium difficile infection, is fecal microbiota transplant better than vancomycin for resolving diarrhea?	TX - John Peter Smith FMR Program	02/17/21	10/26/19	16.00
What are the risks and benefits of discontinuing oxytocin after reaching the active phase of labor in patients undergoing labor induction or augmentation?	WA - Skagit Regional Health (Founding)	02/17/21	11/01/19	15.80

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In adult patients with stroke, does treatment with a statin reduce morbidity and mortality compared to placebo or no treatment?	MN - U of Minnesota Department of FM	02/17/21	11/11/19	15.47
In patients with cirrhosis, which beta-blockers are most effective for decreasing risk of bleeding from esophageal varices?	PA - UPMC St Margaret FMRP	02/17/21	11/24/19	15.03
Are oral steroids effective in the management of chronic rhinosinusitis in adults?	TX - Carl Darnall AMC FMRP	02/17/21	10/01/19	16.83
Do probiotics reduce the frequency of urinary tract infections in women?	IN - Indiana University School of Medicine Program (Arnett)	02/16/21	09/16/19	17.30
For patients hospitalized with bone/joint infections, are oral antibiotics an effective alternative to continued IV therapy after hospital discharge?	MO - U of Missouri FP Columbia (Founding)	02/16/21	11/15/19	15.30
Does potassium supplementation improve hypertension control?	TX - U of Texas Health Science Center at Tyler	02/16/21	10/02/19	16.77
Do financial incentives increase smoking cessation rates among pregnant women?	WI - Fox Valley FMRP - Medical College of Wisconsin	02/16/21	11/21/19	15.10
Is intra-articular saline injection effective for the treatment of osteoarthritis?	TX - Texas Tech Family Practice at Lubbock	02/16/21	11/04/19	15.67
In pregnant women with gestational diabetes mellitus, does insulin improve glycemic control versus the oral agents metformin and glyburide?	IL - SIU Quincy FMR	02/01/21	10/07/19	16.10
Is immediate placement of intrauterine device more cost-effective than delayed placement?	TX - Carl Darnall AMC FMRP	02/01/21	04/02/20	10.17

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
<b>FEBRUARY 2021</b>				<b>15.46</b>
In adults with COPD, does the addition of mucolytic agents decrease the likelihood of having an exacerbation?	OK - In His Image FMR	1/26/21	9/5/19	16.97
Do patients with latent tuberculosis who receive direct observation treatment have higher treatment completion rates than patients who receive self-administered treatment?	PA - UPMC St Margaret FMRP	1/26/21	11/26/19	14.23
What types of exercise improve outcomes in adolescents with depression?	MA - UMass Fitchburg FMR	1/26/21	9/6/19	16.93
Does the addition of misoprostol to the active management of the third stage of labor result in fewer postpartum hemorrhages?	OK - In His Image FMR	1/26/21	9/5/19	16.97
How safe are statins for treating children with familial hypercholesterolemia?	WA - Skagit Regional Health (Founding)	1/26/21	11/20/19	14.43
How effective is progestin-only emergency contraception in obese women?	PA - PSU Hershey Department of Family & Community Medicine	1/18/21	2/28/20	10.83
Do long-acting inhaled anticholinergics provide any benefit to an asymptomatic patient with COPD?	AR - AHEC Southwest FPR	1/18/21	3/17/19	22.43
Does CBT decrease physical symptoms in somatic symptom disorder in adults?	OK - In His Image FMR	1/18/21	9/26/19	16.00
for depression in adolescents?	Washington Hospital Center FMRP	1/18/21	7/28/19	18.00
Is venlafaxine an effective prophylactic medication for migraine headaches?	IN - Indiana University School of Medicine Program (Arnett)	1/18/21	10/27/19	14.97

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
In patients with type 2 diabetes, which GLP-1 receptor agonist results in the greatest weight	NC - Cabarrus FMRP (Founding)	1/18/21	11/7/19	14.60
In adults with type 2 diabetes mellitus, does a plant-based diet improve outcomes compared to usual diet?	MN - U of Minnesota Department of FM	1/18/21	10/7/19	15.63
Does azithromycin increase likelihood of potentially lethal dysrhythmia?	ID - FMR of Idaho (Founding)	1/13/21	2/21/20	10.90
In community dwelling adults, does diet enrichment with fruit, vegetables, fish and whole grains reduce the risk of new onset depression?	CA - Valley FMR of Modesto	1/13/21	11/20/19	14.00
How effective is vaccination for preventing influenza in healthy children?	WA - East Pierce FM (Founding)	1/13/21	8/27/19	16.83
Does screening asymptomatic adults for CVD using ECG improve health outcomes?	WA - East Pierce FM (Founding)	1/13/21	8/2/19	17.67
pulmonary embolus have similar outcomes as inpatient management?	MN - U of Minnesota Department of FM	1/13/21	5/12/20	8.20
Does an elevated serum eosinophil level predict a positive response to inhaled corticosteroids in patients with chronic COPD?	ID - FMR of Idaho (Founding)	1/13/21	2/26/20	10.73
ureteral stones 1 cm or smaller compared with standard therapy?	WA - Kadlec Regional Medical Center Program (Founding)	1/13/21	9/13/19	16.27
Is there a difference between aerobic exercise and resistance training for improved glucose control in patients with type 2 diabetes?	IL - St. Louis University (Southwest Illinois) FMRP	1/6/21	10/27/19	14.57
			<b>JANUARY 2021</b>	<b>15.06</b>

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is parental weight loss during a family-oriented, pediatric weight loss program correlated with pediatric weight change in that program?	WI - U of Wisconsin - Madison FMR (Founding)	12/30/20	08/09/19	16.97
Is there a difference in the incidence of surgical site infections in women who have planned versus unplanned cesarean delivery?	TX - Carl Darnall AMC FMRP	12/28/20	09/28/19	15.23
Do appetite stimulants improve outcomes in frail older adults?	TX - Carl Darnall AMC FMRP	12/28/20	09/12/19	15.77
What are effective treatments for hyperhidrosis that is refractory to nonprescription treatments?	IL - SIU Carbondale FPC	12/22/20	06/23/19	18.27
When used as the initial induction agent, does oral misoprostol compared with oxytocin shorten the time to vaginal delivery in rupture of membranes before labor at term?	WA - Providence St. Peter Hospital FMRP (Founding)	12/22/20	06/07/19	18.80
In adults with adhesive capsulitis, are surgical interventions effective at relieving pain and improving function?	IL - St. Louis University (Southwest Illinois) FMRP	12/09/20	09/19/19	14.90
Do serial measurements of natriuretic peptides (BNP or NT-proBNP) help guide therapy in patients with chronic heart failure and improve outcomes?	WY - U of Wyoming FPRP - Casper (Founding)	12/08/20	06/24/19	17.77
Are progesterone-only contraceptives safe in women with tobacco use or venous thromboembolic disease?	CO - Swedish FMRP (Founding)	12/08/20	06/08/19	18.30

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
How do outcomes compare for planned vaginal birth versus planned cesarean delivery for term breech presentation?	OK - In His Image FMR	12/08/20	09/08/19	15.23
In patients with subclinical hypothyroidism, does treatment with levothyroxine improve quality of life?	OR - OPTI West Roseburg FMR	12/01/20	09/30/19	14.27
Is evolocumab a comparable alternative to statins in primary and secondary prevention of	NC - Camp Lejeune FMR	12/01/20	12/06/19	12.03
Does the MMRV vaccine increase the risk of seizure?	OK - In His Image FMR	12/01/20	08/05/19	16.13
What is the most effective tapering method for weaning chronic opioid therapy in noncancer pain patients?	AL - Cahaba FMR	12/01/20	05/08/19	19.10
remission than outpatient treatment of anorexia nervosa?	OK - In His Image FMR	12/01/20	09/05/19	15.10
Compared with immediate antibiotic prescribing, does delayed antibiotic prescribing decrease patient satisfaction?	MT - Montana FMR (Founding)	12/01/20	10/17/19	13.70
After an initial period of anticoagulation, are IVC filters better than no IVC filters in preventing	ID - FMR of Idaho (Founding)	12/01/20	02/16/20	9.63
Is behavioral therapy a more effective treatment for primary insomnia than pharmacotherapy?	CA - Valley FMR of Modesto	12/01/20	12/03/19	12.13
In patients who have multidrug-resistant, gram-negative bacterial infections, does polymyxin B have less renal toxicity than colistimethate?	MI - CMU College of Medicine	12/01/20	08/30/19	15.30
			<b>DECEMBER 2020</b>	<b>15.48</b>



HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
What is the appropriate treatment of measles in immunocompetent pediatric patients?	WA - Kaiser Permanente Washington FMR (Founding)	11/17/20	8/14/19	15.37
Do any treatments for hyperlipidemia in children improve cardiovascular disease markers or risk factors?	IL - SIU Springfield FMRP	11/17/20	5/6/19	18.70
Does treatment of iron deficiency anemia in asymptomatic pregnant women improve maternal pregnancy outcomes?	WA - Kaiser Permanente Washington FMR (Founding)	11/17/20	9/16/19	14.27
Do scribes improve patient satisfaction in primary care settings?	IL - SIU Springfield FMRP	11/17/20	8/20/19	15.17
Does cell phone use increase the risk of cancer?	TX - Carl Darnall AMC FMRP	11/17/20	6/13/19	17.43
Does procalcitonin improve the accuracy of the diagnosis of CAP in the emergency department?	TX - U of Texas Medical Branch	11/17/20	8/9/19	15.53
Is binge drinking in adults associated with increased mortality compared with moderate consumption of alcohol?	IL - U of Chicago NorthShore FMRP (Founding)	11/17/20	6/25/19	17.03
In elderly patients with advanced dementia, does donepezil improve overall function?	TX - Carl Darnall AMC FMRP	11/17/20	5/1/19	18.87
Does azithromycin use increase mortality in adults with underlying cardiovascular disease?	MN - U of Minnesota Department of FM	11/3/20	5/8/19	18.17
Do cognitive activities reduce the risk of developing mild cognitive impairment or dementia?	NC - Womack FMR Clinic	11/3/20	12/4/19	11.17

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is L-theanine effective in decreasing subjective stress levels and improving physiological markers of the stress response?	IL - SIU Carbondale FPC	11/3/20	5/27/19	17.53
What is the optimal pharmacologic VTE prophylaxis in the hospitalized dialysis patient?	CA - Valley FMR of Modesto	11/3/20	9/18/19	13.73
What are the most effective office-based strategies to increase vaccine uptake among vaccine-hesitant parents?	MI - CMU College of Medicine	11/3/20	8/22/19	14.63
In patients undergoing ambulatory, medically supervised alcohol withdrawal, is gabapentin or a benzodiazepine more effective in alleviating symptoms of withdrawal and preventing worsening symptoms?	MN - U of Minnesota Department of FM	11/3/20	5/24/19	17.63
			<b>NOVEMBER 2020</b>	<b>16.09</b>
What examination findings are best for differentiating central causes of vertigo from peripheral causes of vertigo?	TX - U of Texas Medical Branch	10/06/20	08/26/19	13.57
			<b>OCTOBER 2020</b>	<b>13.57</b>
written and pictorial nutritional informational material reduce obesity, compared to verbal	GA - Dwight D Eisenhower Army MC FMR (Fort Gordon)	9/30/20	10/24/19	11.40
Are antidepressants effective treatment for insomnia in adults?	WA - Kadlec Regional Medical Center Program (Founding)	9/30/20	7/26/19	14.40
Is individual cognitive behavioral therapy as effective as antidepressants in patients with	IN - Indiana University School of Medicine Program (Arnett)	9/25/20	8/1/19	14.03
Is naltrexone as effective treatment for adults with alcohol use disorder?	WA - Tacoma FM (Founding)	9/18/20	4/10/19	17.57

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
Is maternal caffeine intake associated with behavioral disorders in offspring?	OK - In His Image FMR	9/9/20	8/26/19	12.67
Is bright light therapy an effective treatment of depression in pregnancy?	TX - Carl Darnall AMC FMRP	9/1/20	4/26/19	16.47
Are elderly adults with vitamin D deficiency at increased risk of developing dementia?	TX - U of Texas Medical Branch	9/1/20	9/10/19	11.90
			<b>SEPTEMBER 2020</b>	<b>14.06</b>
What are the evidence-based medications for the treatment of panic attacks?	MO - St. Louis University School of Medicine RP	08/24/20	07/09/19	13.73
What is the chance of developing symptomatic nephrolithiasis from small asymptomatic incidentally found nonobstructive renal stones?	NC - Camp Lejeune FMR	08/21/20	07/19/19	13.30
Are ACE inhibitors more effective than ARBs in reducing cardiovascular events in hypertensive patients with diabetes?	OK - In His Image FMR	08/19/20	08/21/19	12.13
Does electrolyte supplementation improve athletic performance in endurance athletes?	IL - U of Chicago NorthShore FMRP (Founding)	08/19/20	07/16/19	13.33
Does low-dose aspirin use decrease the risk for pre-eclampsia in multifetal gestations?	GA - Martin Army FMRP, Fort Benning	08/17/20	05/29/19	14.87
What is the accuracy of retinal imaging devices at detecting diabetic retinopathy?	IL - SIU Springfield FMRP	08/17/20	04/15/19	16.33
What is the most accurate noninvasive test for diagnosis of H pylori infection?	WA - U of Washington FMRP (Founding)	08/03/20	01/23/20	6.43

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mifepristone to vaginal misoprostol more effective than medication management with	WA - WWAMI Network Faculty Development Fellowship	08/03/20	01/28/20	6.27
			<b>AUGUST 2020</b>	<b>12.05</b>
What is the most effective treatment for rectal chlamydia?	MO - St. Louis University School of Medicine RP	7/30/20	6/14/19	13.73
Is BRCA-positive women, does oral contraceptive pill use reduce the risk of ovarian cancer?	NC - Cabarrus FMRP (Founding)	7/30/20	7/30/19	12.20
Is acupuncture effective for treating infertility due to polycystic ovarian syndrome?	MI - Beaumont Hospital Troy FMRP	7/23/20	5/23/19	14.23
Water immersion during labor and use of regional anesthesia: Does laboring in water reduce the number of patients requiring epidural anesthesia?	IL - McGaw Medical Center of Northwestern University Program	7/15/20	3/29/19	15.80
In athletes with a history of low-grade ankle sprains, does long-term bracing prevent future ankle sprains?	IL - U of Chicago NorthShore FMRP (Founding)	7/15/20	1/28/19	17.80
How does the efficacy and safety of saw palmetto compare to alpha-1 blockers for the treatment of BPH?	IL - UIC Illinois Masonic FPR	7/15/20	5/14/19	14.27
What are the predictors of success or failure of balloon tamponade in the treatment of postpartum hemorrhage?	MD - MedStar Health/Georgetown Washington Hospital Center FMRP	7/15/20	3/19/19	16.13
How effective are topical agents for the treatment of cold sores?	MT - Montana FMR (Founding)	7/15/20	11/1/18	20.73

HELP DESK ANSWER QUESTION	Program Name	ONLINE FIRST DISSEMINATION DATE	ORIGINAL EMS SUBMISSION DATE	AMOUNT OF TIME IN MONTHS - SUBMISSION TO ONLINE FIRST
What is the most prudent approach for a patient with an unsatisfactory Pap cytology who is high-risk HPV negative on the same specimen?	NY - Phelps-Northwell FM Residency Program	7/15/20	4/25/19	14.90
What are the most effective pharmacologic treatments for depression in elderly patients?	IL - SIU Carbondale FPC	7/9/20	5/10/19	14.20
Do beta-blockers prevent osteoporotic fractures?	MO - St. Louis University School of Medicine RP	7/9/20	7/24/19	11.70
Does red yeast rice significantly decrease LDL cholesterol when compared with placebo?	WA - Kaiser Permanente Washington FMR (Founding)	7/9/20	8/27/19	10.57
Does beginning low-dose aspirin before 16 weeks of gestation decrease the incidence of preeclampsia in women at risk for preeclampsia?	WV - United Hospital Center Program	7/9/20	3/29/19	15.60
In hospitalized adults, is Kayexalate effective and safe in the treatment of acute hyperkalemia?	FL - Florida State University COM FMRP at Lee Memorial Health System	7/2/20	4/18/19	14.70
Do SGLT-2 inhibitors reduce albuminuria in people with diabetes?	IN - Indiana University School of Medicine Program (Arnett)	7/2/20	8/30/19	10.23
In patients with osteoarthritis of the knee previously treated with a series of hyaluronic acid injections, do additional courses of hyaluronic acid injections improve pain and function?	MN - U of Minnesota Department of FM	7/2/20	11/25/19	7.33
Does lifestyle counseling improve cardiovascular risk factors in patients with type 2 diabetes?	MO - St. Louis University School of Medicine RP	7/2/20	6/10/19	12.93

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Is it safe to use cephalosporins in patients who are allergic to penicillin?	MT - Montana FMR (Founding)	7/2/20	4/18/19	14.70
Does magnesium supplementation decrease anxiety in adults?	NC - Cabarrus FMRP (Founding)	7/2/20	2/11/19	16.90
Does the use of lavender before bedtime affect sleep quality in adults?	OK - In His Image FMR	7/2/20	2/5/19	17.10
Is gabapentin more effective than tricyclic antidepressants in controlling neuropathic pain?	OK - In His Image FMR	7/2/20	12/7/18	19.10
			<b>JULY 2020</b>	<b>14.52</b>